



# PhD GUIDE TO CAMPUS LIFE

*Presented to you by the Doctoral  
Student Guild & the Student Union*



## ***The Doctoral Student Guild***

- 🌐 [www.dokt.chs.chalmers.se](http://www.dokt.chs.chalmers.se)
- 📷 [chalmersphdcommunity](#)
- ✉️ [hello@dokt.chs.chalmers.se](mailto:hello@dokt.chs.chalmers.se)
- 🏛️ Chalmers Doctoral Student Guild

## ***Chalmers Student Union***

- 🌐 [chalmersstudentkar.se](http://chalmersstudentkar.se)
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\*miscellaneous photographers

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# Welcome & Congrats!

A warm welcome, and congratulations on starting your PhD journey at Chalmers!

This guide, created by the Doctoral Student Guild in collaboration with the Chalmers Student Union, is here to help you make the most of your time with us and to answer some of the questions you might have as you begin.

Inside, you'll find information about the Doctoral Student Guild – who we are, what we do, and how we can support you throughout your doctoral studies. You'll also learn about your Student Union membership, opportunities to get involved, the many benefits available to you, and much more.



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*The difference between the University and the Student Union*

# Student or Employee?

***Being a PhD student is exciting and rewarding, but it's also a uniquely weird, and often quite complex, position to be in.***

You are both employed and a student. When are you what? And when should you turn to who? And what is the difference between the University and the Student Union?

Firstly, it's important to understand that the Student Union and the University are two different organisations, each with its own responsibilities and areas of focus.

The University is your employer and is responsible for employment conditions, and maintaining both good academic and work environments. In your case, this includes matters related to employment conditions and the broader work setting.

The Student Union, on the other hand, represents the student body. Our role is to advocate for students' perspectives on issues such as education, student welfare, and overall student experience.



***If you're ever unsure – ask us!***

The Student Union can only represent you when you are acting in your capacity as a student, not as an employee, but understanding the difference can be tricky.

Depending on which situation you are in you should either turn to the University or the Student Union.

This below will hopefully give some clarity and guide you when in need...

## **Student Union Matters**

- Student perspectives on education.
- Student welfare.
- The overall student experience.

## **When Troubles Appear**

Contact the Education Affairs Officer at [vuo@chalmersstudentkar.se](mailto:vuo@chalmersstudentkar.se) or the Student Welfare Officer at [so@chalmersstudentkar.se](mailto:so@chalmersstudentkar.se).  
*More info on p. 11*

## **University Matters**

- Maintaining good academic and work environments.
- Managing employment conditions and the broader work setting.

## **When Troubles Appear**

Contact the DOMB, your Line Manager or your trade union (you need to be a member of both the trade union and its unemployment fund to qualify for help from the trade union)  
*More info on p. 8-11*







*The Doctoral Student Guild*

# Hi from Your Student Division!

As a PhD Student and a member of the Student Union you are also a member of the Doctoral Student Guild, DS.

The Doctoral Student Guild, as it is now, first started in 2003. We are one of the 17 student divisions on Chalmers with a focus on representing the PhD students' interests towards Chalmers and being the coordinating mechanism between PhD students at all Chalmers departments.

## **Contact us & stay updated**

-  [www.dokt.chs.chalmers.se](http://www.dokt.chs.chalmers.se)
-  [chalmersphdcommunity](https://www.instagram.com/chalmersphdcommunity)
-  [hello@dokt.chs.chalmers.se](mailto:hello@dokt.chs.chalmers.se)
-  Chalmers Doctoral Student Guild



Credit to: Jorge Cham / [www.phdcomics.com](http://www.phdcomics.com)



### ***The Doctoral Guild Board***

The DS Board consists of PhD student representatives from various departments, and the roles are...

- Chair & Co-chair
- Communications Officer
- PhD Council Outreach Officer
- Treasurer
- Social Officer
- Research Education Officer
- Work Environment Officer

#### ***Join the Board!***

Want to get involved?  
Send us an email and  
tell us how you'd like  
to contribute!

### *The Social Committee*

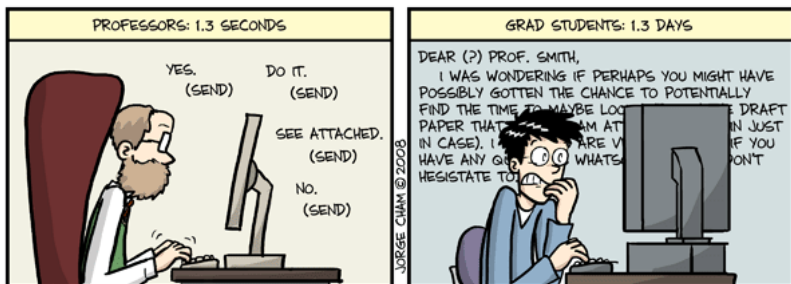
## **Meet Other PhD Students at Fun Events?**

Our Social Committee organizes activities that foster community and engagement among members. Its work includes arranging social and alumni events, coordinating participation in Chalmers Conference on Teaching and Learning (KUL) and work fairs such as CHARM, and supporting PhD onboarding activities, including the Introduction Day. The committee aims to strengthen connections across the departments and create opportunities for networking and collaboration.

***You'll receive  
invitations to all  
events by email, or  
you can find them  
in the Student Union  
app.***



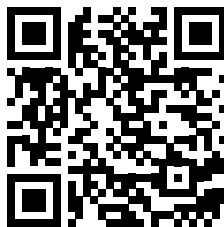
## AVERAGE TIME SPENT COMPOSING ONE E-MAIL



Credit to: Jorge Cham / [www.phdcomics.com](http://www.phdcomics.com)

# The Unofficial PhD guide.

As a new PhD student, you'll encounter a lot of new information – our unofficial guide gathers everything you need in one place. We have (hopefully) the answers to all your questions about housing, sickness leave, how to get credits and so on.



<https://chalmersphd.notion.site/1>

Organisational map

# How It All Comes Together.

Committees and how the organisation is built.

## Chalmers University of Technology

*The Chalmers Board, Work environment and Equality Office, FUN (Research Education Council), Research Foundation and so on.*

## Department Management Group

*Handles operational and strategic issues of each department.*

**Join a department council by reaching out to them in person or by email.**

*Can't find the contact details? Ask DS.*

## The Doctoral Student Guild

## Department PhD Student Council

*The local body of elected PhD students, coordinating departmental activities and linking to the central Board of Graduate Students.*

## PhD Students

*All PhD students at Chalmers.*

## Chalmers Student Union

*An independent non-profit organisation, operated by and for the students – here to make sure your life on campus is affordable, fun and fulfilling.*

*This is us!*

## The Doctoral Student Ombudsman (DOMB)

*Independent and confidential support for all PhD students.*



***Don't hesitate  
to contact us  
whenever!***

## **We Make Sure You Are Represented!**

One of our main goals is to make sure you are represented in the different forums needed.



*Our committees*

### ***Work Environment Committee***

Focuses on creating a positive and inclusive workplace. Its work includes diversity, equality, and inclusion initiatives, sustainability efforts, union coordination and conducting the PhD survey. It also represents members in key Chalmers committees such as the Central Safety Committee and the Research Education Committee (FUN).

### ***Research Education Committee***

Supports the academic and research environment for PhD students and staff. We represent members in several Chalmers committees, including the Research Foundation, Research Misconduct Committee (EOK), Research Committee (FN), Research Education Committee (FUN), and Faculty Council (FR).

***More about  
the DOMB on  
p. 10***

*We care about you*

# Where To Find Support

*Getting help or guidance should be easily accessible, regardless of the matter.*

## **Friendly and important reminder**

We, as your Student Division, would like to send a friendly, yet important, reminder that your time here at Chalmers should be fun, interesting, and fulfilling. This is after all both a job and an education, we are not expected to be perfect researchers – we're still learning. Take care of yourself, and remember that you have a support system here.

## **Feeling Safe – a Collection of Helpful Contacts**

Everything wellbeing and safety on campus. Here's a collection of information and contact to guide you. You'll find information on alcohol, harassment and more here:

📍 [chalmersstudentkar.se/feel\\_safe](https://chalmersstudentkar.se/feel_safe)

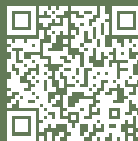
## **Trade Unions**

If you need support with your job, salary, or career – or if you've been treated unfairly and don't feel comfortable raising the issue within your faculty – contact your trade union. **Note!** You must be a member of both the union and its unemployment fund to receive help.

## **AI System, Chalmers**

If you want to report a harassment that has happened during work you use AI System. A system used to report, investigate, and manage incidents (accidents or near misses) at Chalmers.

## **The Phd Support System**





## What Can YOU Do?

- Be aware of and reflect on your own behaviour towards others
- Always support a friend or colleague who feels vulnerable
- Learn about where you can turn for help and support
- Don't be a bystander – be someone who speaks up
- Raise awareness of problematic traditions and culture

### *Is Your Stress Normal or Over the Top?*

Stress can sometimes be surprisingly difficult to detect. Learning to recognize early signs and find strategies can be a useful skill not only during your studies, but for life.

We have a comprehensive guide on stress and how to detect, prevent and manage it.

Download it on

📄 [chalmersstudentkar.se/documents](https://chalmersstudentkar.se/documents)



Doktorandombudsmannen (DOMB)

# The Doctoral Student Ombudsman

**More Info &  
Drop-In Times:**



Our Doctoral Student Ombudsman (DOMB) is here to support you!

All doctoral students, both those employed by Chalmers and industrial doctoral students, are welcome to contact the DOMB for help with any study- or work-related issues – big or small.

The DOMB serves as a neutral and independent resource between you and the University in case of conflict. The role includes helping you understand your rights and responsibilities, assisting with complaints, appeals, and more.

All conversations are confidential, and any case documents are handled with strict confidentiality.

## Contact & Location:



domb@chalmersstudentkar.se



The office is on the third floor of the Student Union Building (room 2.318)



## What & How?



Independent & confidential



1 to 1 meetings  
(drop-in or pre-booked)



Free of charge



In Swedish or English

## Hello, I'm Pia Nykänen, the Doctoral Student Ombudsman.

I work part-time in this role and am employed by the Student Union. I have a PhD in practical philosophy and also work as a researcher at the University of Gothenburg. In the past, I've been a deputy head responsible for doctoral education and coordinated both large and small University courses.

# Other Good Contacts



## **Student Counselor** (*kurator*)

[kurator@chalmers.se](mailto:kurator@chalmers.se)

**When?** If you're feeling sad, stressed or any discomfort they are there to talk.



## **Officer, Student Welfare**

[so@chalmersstudentkar.se](mailto:so@chalmersstudentkar.se)

+46 70 772 39 18

**When?** If you have been harassed during a Student Union event or feel unsafe on campus.



## **Officer, Educational Affairs**

[uo@chalmersstudentkar.se](mailto:uo@chalmersstudentkar.se)

+46 70 772 39 18

**When?** If you have questions regarding your benefits as a SU member, rights as a PhD student or problems with your courses.



## **Chalmers Equality Officer**

[karinad@chalmers.se](mailto:karinad@chalmers.se)

**When?** If you have been discriminated against based on one of the seven grounds of discrimination (Swedish Discrimination Act)



## **DrGENIE**

[drgenie@chalmers.se](mailto:drgenie@chalmers.se)

**When?** If you face issues related to equity and inclusion for PhD students.

**For direct support, contact your department's Genie or Equality Representative if you're comfortable speaking with faculty.**



## **Pe3 Företagshälsa** **(Occupational health)**

[info@pe3.se](mailto:info@pe3.se)

+46 77 017 61 10

**When?** If you need medical advice, support for physical or mental health, help with ergonomics, or guidance on improving your work environment.



## **The Trade Union (SACO)**

[kansli@saco.se](mailto:kansli@saco.se)

+46 8 613 48 00

**When?** Whenever you need support with your job, pay, or career – or if you feel you've been treated unfairly at work.



## **Chaplain** (*studentpräst*)

073-655 58 03

**When?** Feeling lost, facing a crisis, or simply in need of guidance? No matter what your beliefs are, you're welcome here.



## **International Staff** **Mobility Office (ISMO)**

[ismo.stodet@chalmers.se](mailto:ismo.stodet@chalmers.se)

**When?** If you need assistance with relocation, housing, work permits, taxation, insurance, or integration into Swedish academia.



*How to Get Involved*

# Make the Most of Your Time

Want to make a difference, join more PhD social activities, or connect with others who share your interests? Then this page is for you.

*There are plenty more ways of getting involved.*

[chalmersstudentkar.se/get-involved](https://chalmersstudentkar.se/get-involved)

## 5 Ways To Get Involved

### The Student Council

It is in the Student Union council the big decisions are made. Standing for council is a way to make a difference and ensure that you and your fellow PhD students are heard within the Student Union.

### Your Division: DS

You can sit in the board of the Doctoral Student Guild. Read more on p. 3-7

### Societies

The Student Union societies are run by students but open for everyone.

We host over 40 societies covering a wide range of interests and hobbies – and if none fit your passion, you're free to start your own. Whether you're into food, board games, or bowling, there's room for any idea.

If you're interested in starting one, get in contact with the Vice President at [vo@chalmersstudentkar.se](mailto:vo@chalmersstudentkar.se)

**Full List of Societies Here:**  
[chalmersstudentkar.se/list](https://chalmersstudentkar.se/list)

**Just wanna attend & enjoy? All union events are found in the Student Union app.**



## PhD Activity Fund

You want more events for PhD students?  
Or activities where PhD and other Chalmers students can meet? The Doctoral Student Guild has their own fund where all Chalmers PhD students can apply for some funding to have an activity – open for all PhD students.

**Interested?**

**Email: [hello@dokt.chs.chalmers.se](mailto:hello@dokt.chs.chalmers.se)**



***Have an idea?  
Let us help.***



## Passion Project

Want to do something fun just for a year?  
The Student Union's Passion Project funding is perfect for independent, one-time ideas that aren't meant for long-term society involvement. It's exclusively for Student Union members and allows the use of Chalmers' name and communication channels. Applying is easy – just fill out the form and share your idea:

🔗 [chalmersstudentkar.se/student-project](https://chalmersstudentkar.se/student-project)





# The Chalmers Student Experience

Being a student at Chalmers can be quite a unique experience. Here are the most common and traditional elements of Chalmers long student life, explained.

*5 big things if you are a Chalmers student...*

## ***"Sittning"***

A "sittning" is a cherished tradition at many Swedish universities – a lively student dinner filled with food, songs, and toasts. At Chalmers, many of the student divisions adds its own unique twist with special traditions and homegrown songs.

## ***Pub Crawl***

After each exam period there is a campus pub crawl. Most divisions open up their own pub and students walk around campus collecting stamps by visiting each pub. A fun way to feel like a student and get a pause from your daily work while meeting other PhD students.

## ***The Chalmers Cap***

Our beloved Chalmers cap has topped heads since 1878, switching from black in winter to white in summer during The Changing of the Chalmers Cap (Mösspåtagningen) by the Ceremony Committee (Marsalkämbetet).

Each spring, students pin on a mayflower, one for every year at Chalmers. A common misconception about the Chalmers cap is that you must graduate before wearing it. In fact, all Student Union members have the right to wear their cap.


***Available to buy at STORE!***

## ***CM – Chalmers Championship***

The Championships are held annually, often organized within the student divisions. There are championships in everything from sports to beer chugging, with varying levels of seriousness – but fun nonetheless.

## ***Spex & Chalmersspexet***

Since 1948 Chalmersspexet has put on spex – an annual musical comedy show filled with student inside jokes about life at Chalmers and being a Chalmers student. Each performance is themed around a historical or mythological figure or event.



***Like all traditions at Chalmers there are a few (odd some might say) rules about the cap.***

**Read more here:**  
[chalmersstudentkar.se/union-history](http://chalmersstudentkar.se/union-history)





# 3 Events to Look Forward To!

## ***Chalmers Run (Chalmersloppet)***

Walk, jog, run or sprint. Each spring Chalmers Studentkårs Teknologbolag host a running race for students and Chalmers employees with different routes from 3 to 10 km.

## ***The Cortège***

A beloved Chalmers and Gothenburg tradition dating back to 1909 – an annual, humor-filled student-built parade taking place in the end of April. Join the PhD team and fellow students during Build Week to help bring the spectacle to life.

## ***CHARM***

CHARM is one of Scandinavia's leading career fairs that is arranged every February at Campus Johanneberg. For two whole days, you have the opportunity to network and meet over 150 companies.



# The Chalmers Lingo



Hundreds of posters with words you don't understand? Meeting at Olgas Trappor but no clue where that is? Sort of the same generation, yet speaking completely different languages? There is a certain "lingo" here – tricky to follow, but we'll help you out.

## **EMIL & EMILIA**

Emil and Emilia are the nicknames for male and female students at Chalmers. Emil originated in 1933 and Emilia in the 1940's.

## **NOLLAN = FRESHMEN**

You are "Nollan" your first day at Chalmers and during the orientation period, before taking your first university credit

## **TEKNOLOG = STUDENT**

All students at Chalmers are *Teknologer*, a word describing someone that studies to be an engineer.

## **AVANCEZ**

French for (roughly) *Go forward* or *Advance* and is the motto of Chalmers University and the Student Union.

## **GASQUE**

Is a nightclub-like party. It may also refer to the Student Union nightclub which is called Gasquen.

## **PHADDER = MENTOR**

Being a mentor to a student starting at Chalmers.

## **LIVET ÄR HÄRLIGT**

A song from a historical Spex held in 1959 meaning "Life is wonderful". It has evolved to become a beloved song that all student dinners (sittning) begin with.

## **GÜCKEL = JESTING**

Entertainment at student dinners such as sketches, songs, and funny stories – yes almost anything, really.

## **SKYDDSHELGON = PATRON SAINT**

Most student divisions have a patron saint, as a mascot sort of. That is the reason you sometimes see a lot of Snoopy, Donald Duck and James Bond around campus.

## **ASPA = ASPIRE**

Aspiring period is a time were a committee shows its activities and events and potential members can try it. Taking part in that is called "Aspa".

## **ARRA = ARRANGE**

Arra is short for arranging in Swedish and is often used by committees and societies when arranging an event on campus.

## **OLGAS TRAPPOR = OLGAS STAIRS**

The stairs going from the SU Building to Chalmers Tvärgata honoring Olga Boberg, a Chalmers icon.



*History lesson!*

## Let's Reminisce...

The Student Union was founded in 1904 to represent the students' interests, especially regarding their studies. What has happened since? Here are some highlights that have left their mark on our history.

**1937:** Sports Cabin in H rryda has its grand opening. (more info on p. 23)

**1952:** After a year of building, The Student Union Building is inaugurated.

**1960:** At that time, the 50 female students had enough and founded the student association Emilia, expanding the concept of Emil to Emil and Emilia.

**1970:** First Student Union Council Election (FuM) takes place.

**1989:** The Student Union is awarded the Chalmers Medal for its valuable contribution to the University.

**2008:** Exams are anonymized after close collaboration with the University, with the union playing a key role in making it happen.

**2010:** The Chalmers board decided that mandatory membership will stay, highlighting its importance for education quality, networking, and the University's global appeal.



# Welcome to the *Student Union*

You are now a member in the Student Union together with nearly 14 000 others. We are here to help ensure the quality of education, support student influence, and foster a vibrant community through events, facilities, and services – from organizing Sweden's largest career fair to hosting pub crawls, sports competitions and movie nights. We also provide access to facilities like a pool, music room, gym hall, and recreational areas.

**Being a Student Union member is mandatory, but it's also packed with perks.**

It gives you the possibility to enjoy discounts on and off campus, access gym halls and relaxation spaces, attend fun events, buying affordable lunches, and much much more.

***So much more than  
just a membership  
with great discounts!***





**“All members should  
thrive and develop  
during their time  
at Chalmers”**

*Chalmers student union's vision*

# Your Student Union Card

*What is the difference between the various versions of your most helpful friend – the Student Union card?*



*Get yours – contact information desk*



## Plastic

Gives you access to both rooms and discounts. Use as a payment card on campus.

*What is happening on campus? See all events in the app.*



## App

Top up, check balance, pay, see food menus, events and more.



## Mecenat

Travel discounts and non Chalmers related discounts.

WHEN TO USE WHAT	Plastic	App	Mecenat
Chalmers discounts	✓	✓	✗
Payments	✓	✓	✗
Top up online	✓	✓	✗
See card balance	✗	✓	✗
Membership verification	✗	✓	✓
Campus access	✓	✗	✗
Travel discounts	✗	✗	✓

# Information Desk *Kårservice*



**Check Out  
Our FAQ**

## Get Help With

- › questions and concerns regarding your membership and fees
- › bookings, details here: [chalmersstudentkar.se/facilities-look-book](http://chalmersstudentkar.se/facilities-look-book)
- › updating your information
- › support with general access issues

## Get In Touch or Visit Us!

- ✉ [desk@chalmersstudentkar.se](mailto:desk@chalmersstudentkar.se)
- 🌐 opening hours and more info: [chalmersstudentkar.se/information-desk](http://chalmersstudentkar.se/information-desk)
- 📍 Kårservice is located in the Student Union building opposite J.A. Prippts.
- ☎ 031-772 39 06



# Membership Benefits

**What's In  
It For You?**

Our mandatory membership funds a wide range of services. From educational advocacy and social events to discounts and representation we ensure that all students benefit from a strong, democratic student organisation.



### Campus Perks

On campus you have access to an indoor pool, sauna, music room, gym hall and so much more.

*Booking information on p. 25*



### Join the Fun

Whether it's scuba diving, building robots or sustainability, the Student Union has it all.



### Meet the Industry

The membership opens doors through networking events and connecting you with students, colleagues, and experts in your field.



### Convenience Store

Coffee, snacks, food, course literature, campus wear, books & groceries. Our very own store has everything.



### Eating & Drinking

We make sure campus has affordable, high-quality offerings. Explore our 15+ cafés, pubs, and restaurants.



*The Student Council / Fullmäktige*

# Who Calls the Shots?

*Put simply – you & everyone else.*

Every member has the right to participate in the organisation's decision-making.

However, with nearly 14,000 members, direct involvement isn't practical. Therefore, to ensure transparency and democracy, we have a Student Council.

All paying members can run for a seat, and each year 35 representatives are elected. They decide on key issues like the Student Union fee, major student policies, budget, strategic paths and appoint committee members.

***Not an elected council member? No worries, all student union members can put forward a motion.***

Get in contact: [talman@chs.se](mailto:talman@chs.se)

***See how many PhD students currently represent you on the council.***



## ***Use Your Voice!***

By answering the membership survey that is sent out each year and answering the polls in the Student Union app you help us understand how we can become a better Student Union for our PhD students.



*Our main focus*

# What We Do

*The Student Union has many responsibilities, however there are four main areas of operations.*



## **Membership Service**

Such as making sure there's always a place for you to turn, social events & offering great discounts all over campus.

## **Making Sure You Are Alright**

You spend several years on campus, with friends, colleagues, supervisors and more. When interacting with others, there's always a risk of getting trampled on, or feeling discomfort. We work to ensure a transparent, safe and supporting community.

## **Building Bridges Between You and the Industry**

By hosting career fairs, lunch talks and more, we offer chances to create big networks with professionals across industries.


## **Monitoring Our Education**

We ensure student influence at almost all levels within the University, from supporting student representatives to meeting with the University.

*To ensure operations are running smoothly, the Student Union is led each year by a dedicated management team of nine Student Council-elected students. They are supported by a staff crew including a director, finance, communications, and more.*

*The management team & staff is located in the Student Union Building at Campus Johanneberg.*

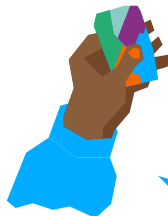





*Our Campus Is Filled with  
Great Food & Facilities*

# Not Your Average Campus

Our campus has pretty much everything you need. And because the services are run through our Student Union-owned companies, we can keep prices student-friendly, offer flexible opening hours, and create spaces where you can socialise, relax, stay active, or focus on your studies.




*You get up to 20%  
discounts in our  
restaurants and  
shops when using  
the Student Union  
card as payment.*



*See menus, prices  
and opening hours:  
Student Union app &  
[chalmerskonferens.se](http://chalmerskonferens.se)*






*Want a tour of  
the SU building?  
Get in touch  
with DS.*

### **Kårhuset = The Student Union Building**

This is our members second home.  
What's there for you to access?

- Pub & two restaurants
- Cinema / theatre (RunAn)
- Gym Hall
- Music Room
- Indoor Pool & sauna
- Conference hall
- Convenience Store
- Historic Hall, Kyrkan
- Night Club (Gasquen)

### **Booking & More Information:**

 [chalmersstudentkar.se](https://chalmersstudentkar.se/facilities-look-book)  
[/facilities-look-book](https://chalmersstudentkar.se/facilities-look-book)



### **Härryda**

About 20 km east of Gothenburg, Härryda, our own recreational area overlooks Lake Sandsjön. Come here anytime to chill, swim and sauna.

The cozy, wooden cabins or entire area can be rented by any member at very low cost.



Sports at Chalmers

# Stay Focused By Staying Active

*A Healthy Mind in a Healthy Body*

To perform at your best, you need to feel your best. At the Student Union, staying active is easy. Plenty of sport activities, both in teams and individually, a pool to swim in and a gym hall to book in the Student Union building.

You can also take part in annual competitions like Academic Games (Akademiska Spelen) or challenge yourself in running events such as Chalmersloppet.

**Find All Team and Individual Sports Here:**

📍 [chalmersstudentkar.se/sports](https://chalmersstudentkar.se/sports)



## Missing a sport? Say Hi to Chalmers Idrottssällskap (CIS)

CIS makes it easy and fun for students to explore new sports or continue old ones at any level, all within a vibrant and welcoming community with other Chalmers students. With a single membership, you can join any sport – or even start your own, without the burden of administrative tasks.

**More info here:**

📍 [laget.se/cis-chalmers](https://laget.se/cis-chalmers)




# Welcome to Fysiken

Our student owned gym, Fysiken, has three locations (2 of them just minutes away from Campus Johanneberg) that offers not just gym but, climbing, yoga, spinning, hyrox, team sports, personal training and much more.

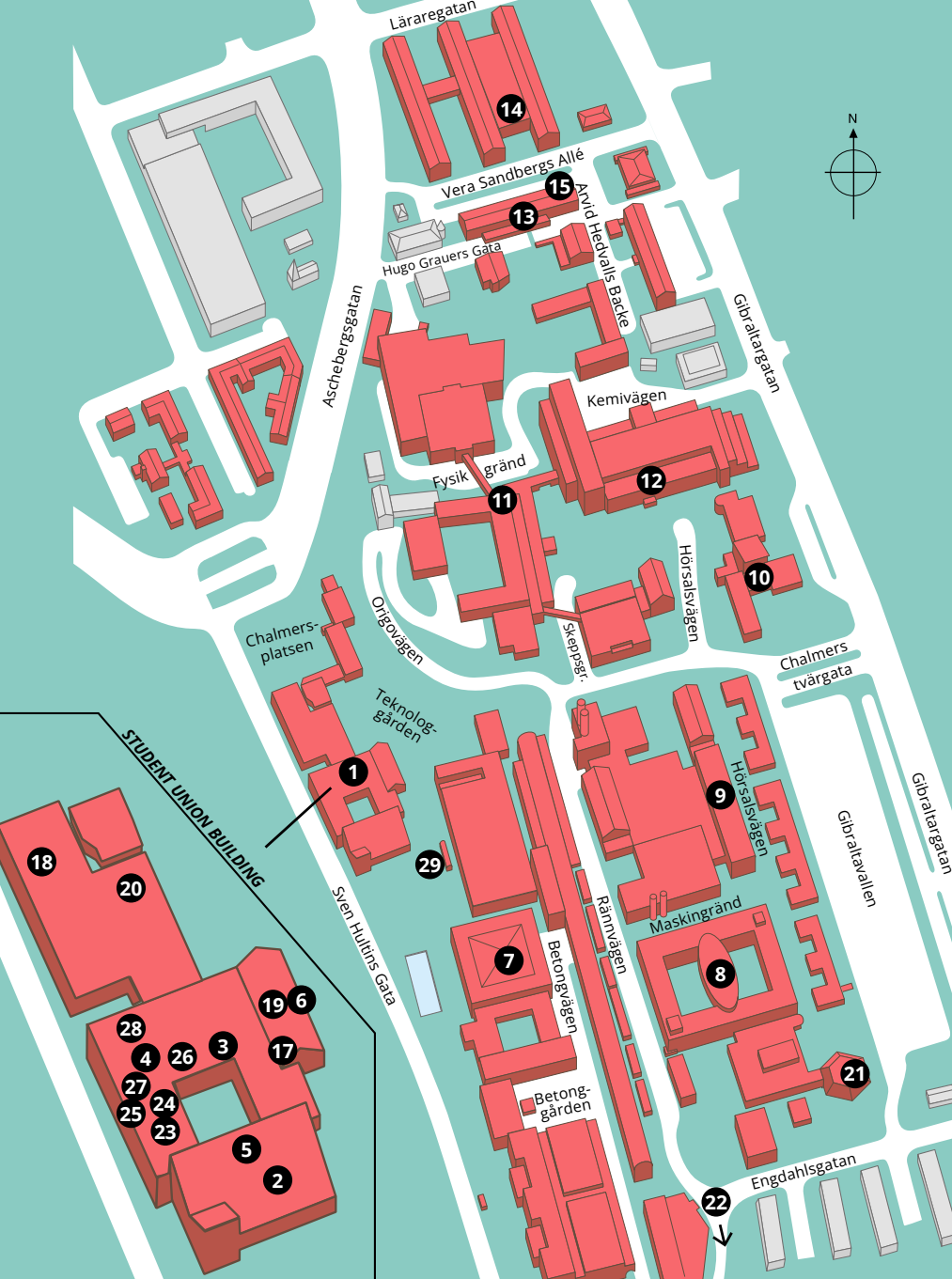
No other gym offers what we do at our price – make sure you stay focused by staying active – visit Fysiken.

**Check it out:**

 [Fysiken.nu](https://www.fysiken.nu)

*Fysiken is the perfect choice for using your friskvårdsbidrag (wellness allowance)!*





STUDENT UNION BUILDING

Aschebergsgatan

Läraregatan

Vera Sandbergs Alle

Åvid Hedqvists Backe

Gibraltargatan

Kemivägen

Fysikgränd

Hörstalsvägen

Chalmers tvärgata

Gibraltartvällen

Hörstalsvägen

Maskingränd

Betongvägen

Rännvägen

Betonggården

Engdahlsgränd

Sven Hultins Gata

Teknologgården

Chalmers-platsen

Orlogsvägen

Skeppsvägen

# JOHANNEBERG

## **BARS, RESTAURANTS & CAFÉS**

1. Student union building
2. Kårrestaurangen
3. J.A. Pripps
4. J.A. Ölhall
5. Hyllan
6. Gasquen
7. S.M.A.K
8. Café Linsen
9. Café Bulten
10. Olgas café
11. Café Bra Nyfiket
12. Hedvalls
13. Wijkanders
14. Café Vera
15. Kalle Glader
16. Hultins hörna

## **SERVICES**

17. Information desk (kårservice)
18. Chalmers service center
19. Student union hallway (Kårkorridoren)
20. STORE
21. Fysiken Klätterlabbet
22. Fysiken Gibraltargatan

## **FACILITIES**

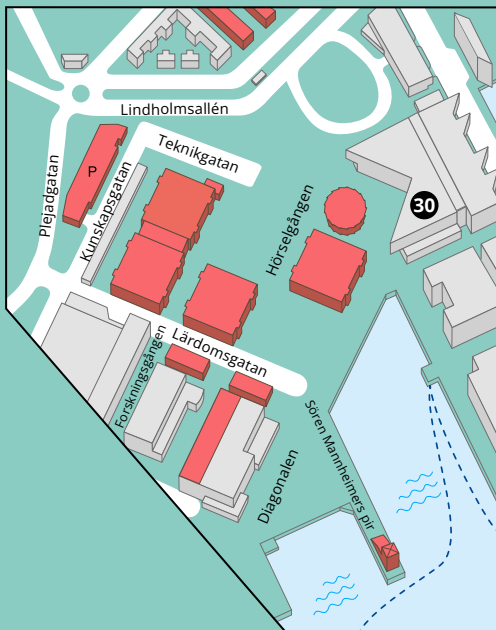
23. Pool
24. Sauna
25. Gym hall
26. Group rooms
27. Music room
28. Karaoke room
29. Train car

# LINDHOLMEN

## **CAFÉ, RESTAURANT**

30. Café C

## **LINDHOLMEN**



**LOST ON CAMPUS?**  
**Download**  
**the app –**  
**Campus Maps**





CHALMERS  
STUDENTKÅR

*Get the  
most out of  
Chalmers!*

