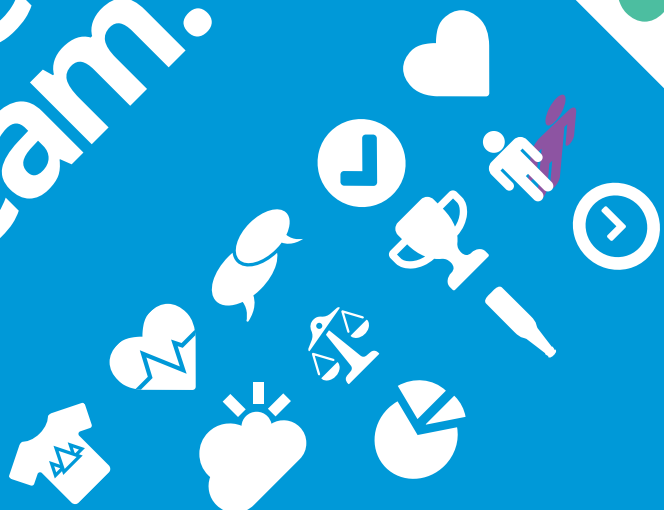




CHALMERS
STUDENTKÅR

Become a better Team!

*Ideas and tips to
build a better team
-to student union volunteers*



Become a better team

*Topics to discuss together
Make sure you have enough time to
discuss the questions. The more honest
and personal you are the better the
discussions!*



Follow up

- How frequent should these discussions be followed up?
- Team building and non Chalmers related events?
-How often?
-Which activities? (i.e. dinner, game night, Boda borg, laser game)



Meetings

- What type of meetings do we want? (i.e.. formal vs infomal/discussion based/decision-based)
- Meeting frequency and meeting length?
- How do we store our information?
- How do we regards discussions/de-cisions during our free time?



Goals and expectations

- Level of ambition
- Which goals and expectations do we have as a group for the coming year?
- Which goals and expectations do we as individuals have for the coming year?
- What are our expectations towards one another?
- What do we do when someone doesn't fullfil their task?



Representation

- What do we represent as committee volunteers?
- What is OK to do in our uniforms?
- Is it OK everywhere?
- How do we regard this as individuals outside our duties?
- Chalmers brand and good name



Personal

- Share something about yourselves
- Previous experience (volunteering etc)
- Anything else the group should know about you?



Time

- How much time should we spend?
- When, during the day, week, study period, do we want to dispose the time?
- How do we dispose of our time?



Stress

- What happens when we are stressed?
- How can we observe the signals and help one another?
- How do we act if a member's workload becomes unsustainable?



Priorities

- Which things compete about our time? What do we want/have to priortize?
- How do we regard our studies?
- Can we accomplish all goals/ambitions/expectations on the allocated amount of time? How can we prioritiza between our various goals?



Predecessors

- How do we regard our predecessors?
- What kind of help would we like from them?
- What do we want to do for them?
- How do we reagrd the culture existing among our predecessors?



Attitude and communication

- How would we like to receive feedback?
- How do we give feedback?
- How can we discuss difficult/sensitive matters?
- How can we raise issues that annoy or violate us?
- Previous experience of conflicts
- Experience from previous engagements



Alcohol

- Drinking alcohol is not the norm for everyone. Do you drink?
- What is your relationship to alcohol now and before coming to Chalmers?
- How does alcohol affect ourselves and the group?
- What is our responsibility towards each other or others?
- When is it considered alcohol peer pressure? Why? How do we handle alcohol peer pressure?
- How does alcohol affect our groups' reputation and future recruitment?



Responsibilities

- Should the workload be equally divided?
- Which tasks are specific to a certain role vs common tasks? At what extent should we help one another?
- Shared responsibility