

# STUDENT GUIDE

***How does  
the student  
union work?***



CHALMERS  
STUDENTKÅR

## Facts

Founded: 1904

Members: 13 000 +

Annual turn-over: 255 mil. SEK

17 Student Divisions (Teknologsektioner)

8 companies

- 🌐 [chalmersstudentkar.se](https://chalmersstudentkar.se)
- 📷 [chalmersstudentkar](https://www.instagram.com/chalmersstudentkar)
- ✉️ [info@chalmersstudentkar.se](mailto:info@chalmersstudentkar.se)
- 📍 Teknologgården 2,  
412 58 GÖTEBORG

**DON'T FORGET!**  
*Follow us on instagram  
for campus updates,  
big events and tips!*



**This guide is published by  
Chalmers studentkår**

### **Copy and illustrations:**

Student Union Communications department

**Photo:** Chalmers Film- och Fotocommitté

**Exceptions:** p. 5, 15, 21–22, 24–25\*, 26–27, 28–29\*, 36\*, 49\*, 52–53, 55, 56\*, 58\*

\*miscellaneous photographers

**Printed by Billes Tryckeri AB  
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# What's inside?





### ***What is a union even?***

Learn how we're organised on  
p. 10 and onwards.

### ***Student divisions***

Learn more about your nearest  
home and what they do. p. 60

### ***Be part of the fun***

Play in a band, do sports, wear  
prom gear, take pictures, organize  
tastings or the largest indoor parties  
in Sweden. p. 30

# Your union card

*This guide explains the difference between the various versions of your most helpful friend – the student union card.*



## Plastic

Gives you access to both rooms and discounts.



## App

Top up, check balance, see events and more.



## Mecenat

Travel discounts and non Chalmers related discounts.

<i>When to use what</i>	<i>Plastic</i>	<i>App</i>	<i>Mecenat</i>
Chalmers discounts	✓	✓	✗
Payments	✓	✓	✗
Top up online	✓	✓	✗
See card balance	✗	✓	✗
Union membership	✗	✓	✓
Campus access	✓	✗	✗
Travel discounts	✗	✗	✓



# Top up buy & explore

*Our own app – making  
your campus days easier.*

1

*Your current  
balance + top up*



2

*Daily lunch  
menus*



3

*See events all  
over campus &  
buy tickets*



4

*Connect to your  
Fysiken card*



5

*Buy & sell books*



6

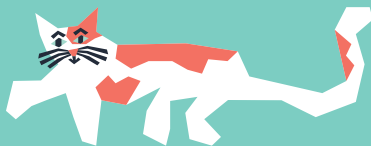
*Order and pay  
with digital  
union card*



*Get the app!*



# Membership benefits



**What's in it for you?**



## Join the fun

Whether it's scuba diving, building robots or sustainability, the student union has it all. Check out all amazing things on **p. 30**



## Convenience store

Coffee, snacks, ready-made local food, course literature, campus wear, books, groceries, ice-cream. Our very own store has everything.

Read more on **[chalmersstore.se](http://chalmersstore.se)**



## Eating and drinking

Affordable and well made is our motto. Everything is made fresh on campus daily. Check out our 17+ cafés, pubs and restaurants.

Full list on **p. 28 & 64**



## Music room

Get your daily piano practice in between lectures or after school. Room is booked through TimeEdit. **p. 24**



## Prepare for the future

Get connected, get help with your CV and let the industry impress you during many of our annual events around campus.



## Staying strong & healthy

Fysiken is our student owned gym that offers amazing discounts for students. The union also have a gym hall to use for free, booked through TimeEdit. The union and its divisions have plenty of sports clubs as well. Read more on **p.48**



## Leave campus

Why not relax, swim in the lake, sit by the open fire and just take in the beautiful surroundings of our own sports cabin? Read more on **p. 26**

# Information Desk

Kårservice

## Get help with

- › questions and concerns regarding your membership and fees
- › bookings, details here:  
[chalmersstudentkar.se/facilities-look-book](https://chalmersstudentkar.se/facilities-look-book)
- › updating your information
- › support with general access issues

**Check out  
our FAQ**



## Get in touch or visit us

- ✉ [desk@chalmersstudentkar.se](mailto:desk@chalmersstudentkar.se)
- ☎ 031-772 39 06
- 📍 Kårservice is located in the student union building opposite J.A. Prip's Pub & Café.
- 🕒 For opening hours see the website.
- 🌐 [chalmersstudentkar.se/information-desk](https://chalmersstudentkar.se/information-desk)

# Membership portal

## Settings you can manage

- › *postal address*
- › *receipt of paid fee*
- › *print new invoice*
- › *newsletter preferences*



**Login with  
your CID and  
manage your  
data.**

🌐 [medlem.chalmersstudentkar.se](https://medlem.chalmersstudentkar.se)



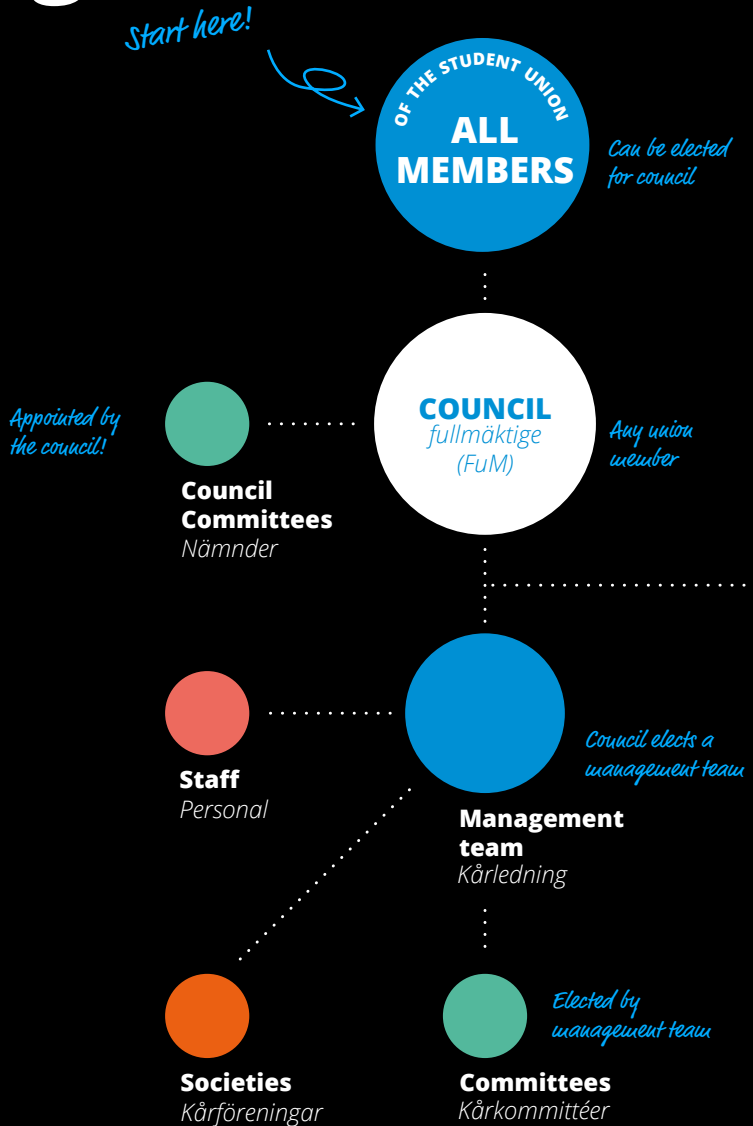


A group of students in nautical-themed costumes (white hats, dark jackets) dancing at a party. The image is a warm-toned photograph of a social gathering. In the foreground, a young woman with blonde hair, wearing a white sailor's cap and a dark blue dress, is smiling and dancing with her arms raised. Behind her, other students in similar costumes are visible, some dancing and others looking on. The background is softly blurred, showing more people and warm, ambient lighting. The overall mood is festive and social.

***“All members should  
thrive and develop  
during their time at  
Chalmers”***

***Chalmers student union's vision***

# Organization







# Who calls the shots?

**Put simply –  
you and everyone else.**

In detail, **every single student** have the right to be part of decision making entities within the organisation.

That wouldn't be practical though.  
An organisation with close to 14 000 members needs to be properly managed, to ensure transparency and democracy.

*For example Fysiken,  
conference center and  
student companies.*



*CEO  
answers to  
the council*

**Corporation**  
*Företagsgruppen*



**Student  
accommodation**  
*Studentbostäder*



**Subsidiary**  
*Dotterbolag*

# The Council

Fullmäktige (FuM)

**6 facts  
you need  
to know**

**1**

## What the council decides

- › the student union fee
- › major decisions affecting all students
- › elects the management team (kårledningen)



**2**

## These can be a council member

- › Chalmers student with paid membership fee
- › Those who get the most votes in the annual election



**3**

## How many students are in the council?

35 are elected each spring.





# 6

## All CEOs in the organisation answers to the council.

For instance, the union's general manager and the housing CEO.

Election website:  
[fumval.se](http://fumval.se)

Contact speaker:  
[talman@chs.se](mailto:talman@chs.se)

Council info and briefs  
[chalmersstudentkar.se/union-council](http://chalmersstudentkar.se/union-council)

# 5

## I wanna do something, even if I'm not a council member!

You have the right to attend any council meeting to listen in. You also have the right to have the right to motion (propose a suggestion for the council).

# 4

## How can I see all things decided by the council?

- Minutes and summons are posted on our website.
- All members may attend the council meetings to listen.





# Council committees

*These task committees are open to any union member and they report to the council.  
Learn more about each one here.*





## Nomination Committee

*(Valberedningen)*

The committee suggests candidates for various positions within the organisation, such as the management team, Cortège committee and various boards. Applications open at the end of the fourth study period.

📱 @valberedningen



## Committee of review of the Cortège

*(Cortègens granskningsnämnd)*

Assigned to overlook the Cortège and its program. The student union Inspector chairs the committee and has veto on the Cortège's form. Applications open in the middle of the second study period.



## Environmental committee

*(Miljönämnden)*

The environmental committee coordinates and develops the student union's work with ecological sustainability. They help create and improve tools for different parts of the organisation in order to reduce the union's climate impact. Elected in September annually.

See some of  
our available  
assignments



## Election committee

*(Valnämnden)*

The election committee handles the annual election for the council. Their task is to ensure a democratic and correct election is held every year.

Committee applications open at the end of the first study period. More on [fumval.se](https://fumval.se).



## Committee of election complaints

*(Besvärsnämnden)*

If a student suspects that the general election for council has been carried out in a questionable manner, an appeal should be made to the committee. They investigate the matter and gives a recommendation to the election committee or the council.

Applications open at the end of the first study period.





# Our main areas of operation

*The union has many responsibilities, however there are four main areas of operations that includes all things student life.*

# Student union management team

Kårledningen



These are your student officers who have chosen to devote one year to lead the union on a daily basis. They are elected by the council (*Fullmäktige*) and nominated by the Nomination Committee (*Valberedningen*). The team consists of a board of presidents for each office and their corresponding deputy officers.

The offices are: education, student welfare, corporate relations and management.

The team and its staff is located in the student union building at Johanneberg.

Below: Selected management teams from 1932 up until 2024.



1947



1951



1961



1932



1977



1987



1998



2001



2024

## GET IN TOUCH

All contact details found here:  
[chalmersstudentkar.se/management-team](https://chalmersstudentkar.se/management-team)





Together to ensure:  
safety & wellbeing

# Making sure we are alright



## How?

- Training volunteers in safety and health matters
- Our safety system [chalmers.se/trygg](http://chalmers.se/trygg)
- Various functions such as SAMO, counselor, chaplain
- Showcasing examples and problems

## What can YOU do?

- Be aware of and reflect on your own behaviour towards others.
- Always support a friend who feels vulnerable.
- Learn about where you can turn for help and support.
- Don't be a bystander - be someone who speaks up.
- Raise awareness of problematic traditions and culture.

## Why?

You spend several years on campus, with mates, teachers, supervisors and company representatives. When interacting with others, there's always a risk of getting trampled on, or feeling discomfort. We work to ensure a transparent and supporting community.

## Where?

- We have gathered all things safety and support at [www.chalmersstudentkar.se/feel-safe](http://www.chalmersstudentkar.se/feel-safe)
- Our student welfare officer can be a first contact and help you in the right direction [so@chalmersstudentkar.se](mailto:so@chalmersstudentkar.se)
- At your division, SAMO is there to help direct you.
- At the university, you can report an incident at [chalmers.se/trygg](http://chalmers.se/trygg)

## GET IN TOUCH

[so@chalmersstudentkar.se](mailto:so@chalmersstudentkar.se)  
[vso@chalmersstudentkar.se](mailto:vso@chalmersstudentkar.se)





*Together to ensure:  
quality education*

# Monitoring our education

*Quality of education is our guiding star and we ensure student influence at all levels within the university, from supporting student representatives to meeting with the university. Make yourself heard!*



## How?

- › Through your student division (studienämnden)
- › Through the management team
- › Student rep at the faculty appointment committee
- › Student union council
- › Student representative for educational areas

## What can YOU do?

- › Take the course evaluations – always.
- › Report incidents or misconduct.
- › Get involved through the union.

## Why?

To make sure we are not neglected, we have secured seats on almost every board in the university organisation. This gives us a say in nearly all matters education.

## Where?

- › We regularly post empty seats at: [chalmersstudentkar.se/available-assignments](https://chalmersstudentkar.se/available-assignments)
- › At your division, studienämnden will annually look for new representatives.

## GET IN TOUCH

[uo@chalmersstudentkar.se](mailto:uo@chalmersstudentkar.se)  
[vuo@chalmersstudentkar.se](mailto:vuo@chalmersstudentkar.se)

# Prepare for our future

*Whichever path you chose for your future career and worklife, the union has tons of ways to help you be better prepared and be the best version of yourself.*

*Together to ensure:  
that you're attractive  
on the job market*



## How?

- Free job fairs throughout the year
- Free networking events with alumnis and businesses
- Free lunch lectures to interact with companies
- Free CV-photography

## What can YOU do?

- Visit the fairs.
- Go to events.
- Keep your CV sharp.
- Engage with the career groups and help organise events.
- Do extra work in our companies=work experience.

## Why?

You are not a jedi yet. Chalmers is your training ground. Even without working experience, you can get better knowledge of the job market, which company you'd love to work with and get connected beforehand.

## Where?

- student division job fairs
- CHARM job fair annually in February
- Job and assignment postings our website
- [Teknologbolaget.se](https://www.teknologbolaget.se)



# Providing expertise & support

*Together to ensure:  
our volunteers  
have the best tools  
necessary*



*Our hired staff provides the union with skills and experiences from areas surrounding a large organization. They support the management team but also the committees, council, companies and societies.*

## GET IN TOUCH

All contact details found here:  
[chalmersstudentkar.se/staff](http://chalmersstudentkar.se/staff)  
~~~~~



## Management

The managing director oversees the strategic work for the student union and its corporation.



## Communications

Strategic and daily communication within the union and its corporation.



## Finances

Accounting for the student union and the student union corporation.



## Information desk

Membership services and bookings. Opening hours:  
[chalmersstudentkar.se/information-desk](http://chalmersstudentkar.se/information-desk)



## Digitalization & IT

Keeps the union on the right track concerning digital solutions and the union app.



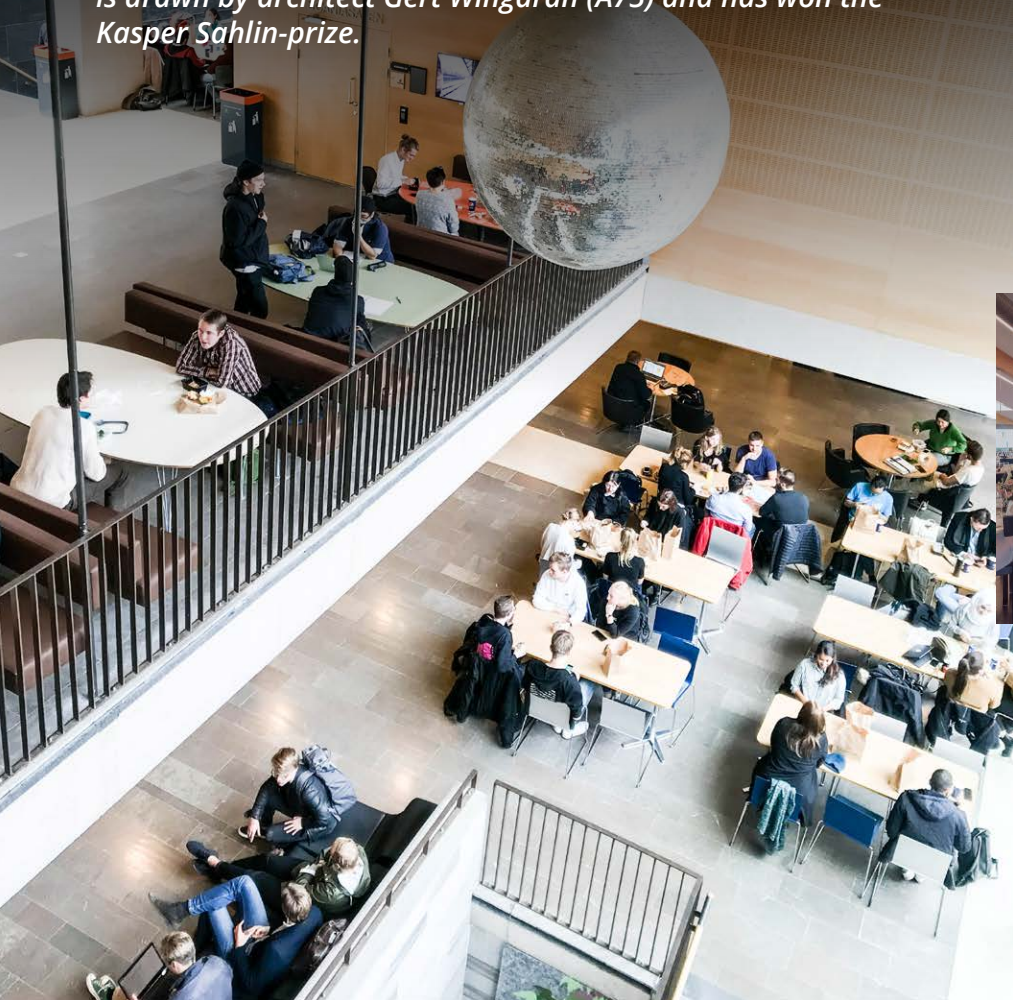
## Administration

Membership and alumni administration.



# Student union building

*Sweden's largest student union building, built in 2001, adding on to the existing building from the 1950's. The new part is drawn by architect Gert Wingårdh (A75) and has won the Kasper Sahlin-prize.*







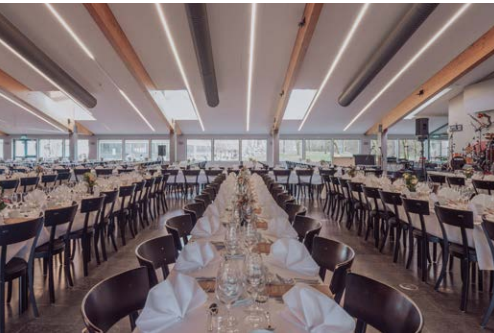
## Conference hall

The Volvo foyer provides impressive spaces for conferences, fairs, banquets and parties.



## Cinema / theatre (RunAn)

Our grand theatre is frequently used as movie theatre, show stage and ceremonies.



## Kårrestaurangen & Hyllan

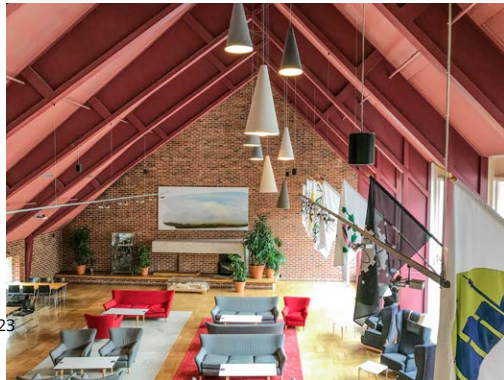
The main restaurant Kårrestaurangen daily serves hundreds of affordable and well made lunches.

Hyllan is our fancier lunch restaurant with table cloths and table serving.



## Historic hall - Kyrkan

Almost untouched since the 50's, Kyrkan is a fine piece of history and still acting as a comfy living room. The name Kyrkan, the church, refers to the vaulted architecture and was designed by Chalmers professor Melchior Wernstedt.





## Night club - Gasquen

Gasquen is run by students, for students. It hosts a night club and parties as well as "sittning", a dinner that typically precedes a following party. It is the committee GasqueK who is in charge of Gasquen.



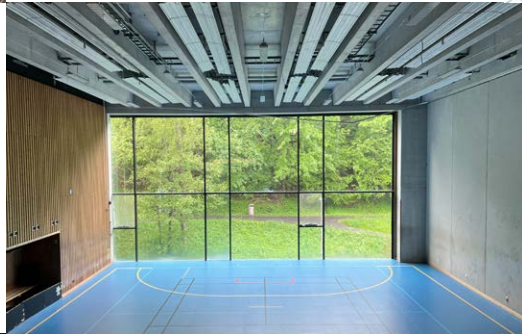
## Pub

Our very own pub serves chilled drinks, espresso and typical pub food such as burgers, fish and chips and caesar salads. Popular pub quizzes are held frequently.



## Gym hall

With a serene view, this hall is located on the second floor in the building. Mostly used by sports clubs on campus, but any member can book it for free through Time Edit.



## Music room

Need to get some practice in? Our music room can be booked ahead of time by any union member on TimeEdit.





## Indoor pool

The indoor pool is open almost 24/7, all year, and needs no booking. Just drop by for a swim, before or after lectures perhaps?



## Convenience store

In 2015 we got our own full scale convenience store, providing campus made lunches, snacks as well as gifts, books and stationary. It was a result from the council to ensure better student services on campus.



## Sauna

This shared sauna is located on the second floor and can be used by all members. There are changing rooms just outside. No booking required.



**Book:**  
[chalmersstudentkar.se/bokning](https://chalmersstudentkar.se/bokning)



## Train car

In 2004, the student union received a railway car from the national railway company SJ. It's used for parties, pubs and hangouts and is located just outside the union building.



# Härryda

*About 20 km east of Gothenburg, Härryda, our own recreational area overlooks lake Sandsjön. Come here anytime to chill, swim and sauna.*

*The comfy, wooden cabins and the entire area can be rented by any member at very low cost.*



*Grand cabin*



*Sports cabin*





***All chalmerists may  
at any time visit the  
area, according to the  
so called "Chalmerska  
allemansrätten".***



C.S. Sauna



## **Grand cabin**

This impressive and stunning cabin offer a superb view of lake Sandsjön and can hold up to 120 seated guests. Complete with two floors, bar, sleeping area and a restaurant style kitchen. Perfect for a bigger party.

## **Sports cabin**

Cosy and fully equipped cabin with kitchen, toilets, shower, adjacent sauna by lake, 18 beds and an open fireplace. Bring your mates for a relaxing lake side stay.

## **CS Sauna**

Lakeside wooden sauna built by Teknologföreningen C.S. in 1964 and given to the union on our 100<sup>th</sup> birthday. Equipped with dual heating units (wood and electricity). Presumably the largest student-owned sauna in the world, fitting 60 people.

## **Sleeping cabin**

Cosy, wooden cabin with 15 beds in a shared room. Belongs to C.S. Sauna renters and can not be booked separately.



Sleeping cabin (belongs to C.S. Sauna)

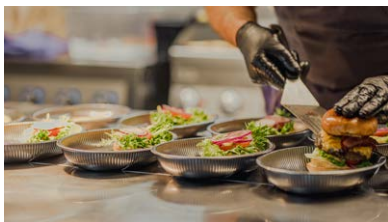
# Restaurants, pubs & cafés

*Campus is more or less free from commercial businesses that can profit from us students. Instead, we provide the services through a student union owned corporation. Here's a quick walkthrough.*

## 1

### **Home made varieties**

Our shops offer everything from fresh coffee to home made salads, vegan options and breakfasts.



## 2

### **Discounts all over the place**

All of them offer discounts for our members when you pay with your union card.



## 3

### **16+ places to eat**

Our vendors are located all around campus, offering café assortment, lunches and pubs.



**Menues, opening hours and more info:**  
***chalmerskonferens.se*** or  
***the student union app.***



**4**

### **Your schedule over profit**

Our opening hours are suited to your timetable, and not what's best for maximal profit.

*Did you know that students get up to 20% discounts in our restaurants and shops when using the union card as payment?*

**5**

### **Be on board**

Interested in how it all works? There's a student seat at the table of the boards that calls the shots.







See some of  
our available  
assignments



# Making dreams & passion real

**No volunteers = no student life.**

*The machinery called campus life runs on student volunteering. That's probably why Chalmers is known for its vibrant campus and people volunteering to make it all come to life.*

## 8 ways to get involved

### Committees

To join the committees within the student union you normally aspire (aspa) which means no strings attached while you meet the committee and learn more about their work.

[More on p. 32](#)

### Societies

These fall under the student union meaning that at least half of the members are students at Chalmers but basically anyone can join. Societies determine their own activities.

[More on p. 40](#)

**Better equality?**  
*Join one of many  
equality committees!*



**Love sports?**  
*Join one of our  
many societies!*

## Student division

A lot of people join committees at their own student division. Each division normally provides a wide range of activities to choose from.

[See all divisions on p. 60](#)

***“Being involved in the union has given me both experience, friends and growth. I recommend everyone doing it”***

- alumni at Volvo

## Management team

Sabbatical trustees run the daily work of the union every year. They are nominated by the nomination committee and elected by the student union council.

[More on p. 17](#)

## Did you know?

***Campus events can be found in the student union app!***

## The council

It is in the student union council and its appointed committees the big decisions are made. Stand for council, be the speaker or join the nomination committee to truly make a difference.

[More on p. 12](#)

## Be a student rep towards the university

Our union is probably the most influential of all Swedish unions. We are represented on almost ALL boards and committees in the university sphere.

[More on p. 19](#)

## Passion Project

Let's say you have this idea. But you need funding and resources to come to life. You don't want to start a club. You just want to do this one thing. Then Passion Project is for you.

[More on p. 42](#)

## Company board member

Be the student voice of how our companies are run. Our many companies need student board members almost annually.

[More on p. 54](#)



# Committees

*These groups of students are specially appointed to do a specific task for the union. It can be organising parties, Cortège or being a photographer or DJ.*

*Most students  
first encounter.*



### **Mottagningskommittén (MK)**

MK works with the long-term development of the reception at Chalmers. We act as the central coordinator by bringing together the student divisions, the student union and the university. To unite all the new students we also arrange the first day at Chalmers, "Tivolit" and "Mottagningskampen".



### **Grand Unified Debuggers (G.U.D.)**

You may come across us if you are active in the union. We are the core of most of the union IT and help other union companies, committees and societies with resources to get online and connected. "the quieter you become, the more you are able to hear" – (kali linux)

*You can thank  
G.U.D. for that.*



### **Tekniskt Basårs Kommité (TBK)**

TBK is the reception committee for the technical preparatory year, but we also arrange fun happenings as well as study support for the preparatory year during both autumn and spring.



### **Svea Skivgarde**

Svea Skivgarde consists of 13 students interested in music who DJ's at both parties held at Chalmers and off campus. The various music taste within the group allows for a wide range of knowledge in different music genres. Check out our webpage for more info. No previous experience is needed.





### **Chalmers Pyrotekniska Kommitté (Pyrot)**

We are artists painting the sky. Working with professional fireworks, we produce amazing displays for everyone, synchronized with music or just a huge show. We also sell a variety of consumer fireworks if you want to brighten up your special occasion yourself. And of course with a student discount.



### **Charmkommittén (CHARMk)**

CHARM is one of Scandinavia's leading career fairs, arranged by the CHARM-committee every February on campus. Approximately 160 companies from different business areas attend the fair to meet our students and show what they have to offer during and after their studies!

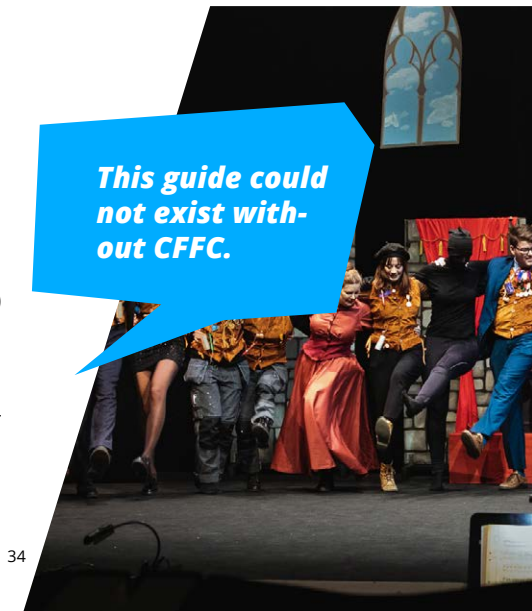


### **Chalmers Film- och Fotocommitté (CFFC)**

We are the Student Union's Film and Photo Committee. We photograph almost all main events within the Student union, everything from the big parties in the union building to smaller events. We make sure that all of your best memories from Chalmers last forever.



***This guide could not exist without CFFC.***









***Welcoming our  
international  
students.***



### **Chalmers International Reception Committee (CIRC)**

CIRC is dedicated to help new students at Chalmers through a well-established reception consisting of several events. We create the opportunity to meet new people and help settle into the new life at Chalmers. Our goal is also making each new student more acquainted to Chalmers and Gothenburg.



### **Ljud- och Bildgruppen (LoB)**

LoB is supplying rental of sound and event lighting to a reasonable price. We also act as technicians at various concerts and are responsible for all sound and lighting at FestU parties and other events on campus. We have everything you need to arrange small parties to big concerts.



***Did you know?***

***Union committees are  
appointed and elected  
by the student union  
management team.***



### **Chalmers Bastukommitté (CBK)**

The sauna committee takes care of the saunas and housing in Härryda. We do maintenance and development work during the day and hang out in the sauna or around the fire at night. Join the coziest committee at Chalmers!



### **Chalmers Studentkårs Marskalksämbedete**

Marskalksämbedet organizes some of the fancier events at Chalmers. Our main events are the annual fall- and spring balls as well as the traditional changing of the Chalmers cap twice a year. We also preserve and manage the standards of Chalmers, the Union and Student Divisions.





Programkommittén PU

### Programkommittén (PU)

Our task is to provide a wide spectrum of cultural activities and events for the student union members. We host various events like concerts, movies, evening classes, tastings and much more. Keep an eye on our facebook page for dates and schedules.



### Jämlikhetskommittén (Jämk)

We promote equality within the Student Union, for all its members. We organize lectures, student surveys, the Equality Week and pubs, collaborate to change discriminating structures and coordinate the work between equality groups at the study divisions. Join us if you are passionate about equality!





### **GasqueKommittén (GasqueK)**

GasqueK is the committee that runs the student union nightclub at Chalmers. Other than ensuring that everything is in order when organizers host their events at Gasquen, we also develop, maintain, and modernize the venue. You can also find us at Gasquen during the Chalmers pub crawl!



### **Chalmers Kårtidning Tofsen**

Do you want entertainment, useful hints and/or advice on what to do on campus or around Gothenburg? Look no further! We are Tofsen - the student union magazine, produced by students, for students! We were founded in 1944 and have since then entertained Chalmerists. Find our content online and updated continuously.



### **Kårhuskommittén (KåK)**

Kårhuskommittén, KåK, works to improve the student union building and the railway car. We want to achieve a nice and orderly building with a touch of cosiness. We are also responsible for making sure that the other people using the building and the railway car does it in a good way.



### **Chalmers Cortège Committé (CCC)**

Every spring Gothenburg citizens gather to behold the Cortège. The parade is created by chalmerists who construct their own vehicles and amusing sceneries. CCC organizes the event, the building week and entertainment in between. Partake in the fun and keep a tradition since 1909 alive: Join the Cortège!



### **Chalmersspexet**

Chalmersspexet has annually since 1948 set up humorous musicals based on characters from history. Between 2003 and 2019 there were two committees - Chalmersspexet Vera and Chalmersspexet Bob. Drama, excitement, song, dance and puns are a few of the things you can expect from our shows!



### **Festkommittén (FestU)**

Festkommittén FestU organizes some of the biggest recurring indoor parties in Scandinavia where both people who study at Chalmers and their friends are welcome. The parties contain live acts, numerous bars and dance floors as well as jumping castles and other awesome activities.





# Societies

*The student union societies are run by students but open for everyone. They are based on interests & hobbies and anyone can start a society.*

# There's a society for that

*There's over 40 societies within Chalmers student union for.... just about anything. And if you can't find one, you can start one. Here's how it works.*

"I want to knit or crochet with others"

"Why isn't there a cooking club?"

"I wish there was a dog owner society"

FULL LIST HERE



[chalmersstudentkar.se/list](http://chalmersstudentkar.se/list)



## Societies - explained

### 1. Independent

Societies are our version of a Swedish "förening". Meaning it needs a board, annual member meetings and acts as its own entity. They need to comply with the unions statutes and policies, but other than that they can roam pretty freely.

### 2. Can use the union's resources & brand

A society can use "Chalmers" as part of their name if they so wish and also get access to the union's communication resources such as newsletter, screens and app.

### 3. Open to all

These clubs are open to the public as well. The only requirement is that half of its members needs to be Chalmers students.

### 4. Anyone, anything!

Sky's the limit. Want to gather all the foodies on campus? Or start a board game club? Or bowling?

Since a society can become dormant when there is no interest and rise again when there is, we recommend checking out the current list of societies on our webpage.

HAVE AN IDEA?



chalmersstudentkar.se  
/student-project

# Passion Project



# Have an idea? Let us help.

*Passion project is the easiest way to realise an idea. The union can help with the means, while you focus on your passion.*

## Passion Project – explained



### 1. Independent and single use

So your idea is not fit for a society because it's a one-time thing only. No worries, we got you. Passion project funding is made for exactly this purpose.

### 2. Can use the union's resources & brand

A passion project can use "Chalmers" as part of their name if they wish to and get access to the union's communication resources such as newsletter, screens and app.

### 3. Exclusively for students

Only student union members are eligible to apply for a passion project.

### 4. Easy application

Just fill out the application form and tell us about your idea by scanning the QR code.





**Support,  
help &  
wellbeing**



# Where to find support



*Getting help or guidance should be easily accessible, regardless of the matter. Use our guide to find your way.*

## **Safe at Chalmers – our collaboration**

This is a unique and joint initiative between the student union and the university. Learn more about your rights and report an incident or see who you can talk to at



**[chalmers.se/safe](https://chalmers.se/safe)**


## **Feeling safe – a collection of helpful contacts**

Everything regarding wellbeing and safety on campus. Here's a collection of information and contact to guide you. You'll find information on alcohol, drugs, harassment and more.

**[chalmersstudentkar.se/feel\\_safe](https://chalmersstudentkar.se/feel_safe)**

## **Contact list**

 **Student welfare officer** *(start here when in doubt)*  
031-772 39 18  
 [so@chalmersstudentkar.se](mailto:so@chalmersstudentkar.se)

 **Chaplain** *(kurator)*  
073-655 58 03

 **Student counselor** *(kurator)*  
[kurator@chalmers.se](mailto:kurator@chalmers.se)

 **Doctoral student ombudsman** *(DOMB)*  
[domb@chalmersstudentkar.se](mailto:domb@chalmersstudentkar.se)

 **Everything Chalmers university wellbeing.**



# Where we stand

*Strong values creates healthy traditions and environments. Here's what you can do if you encounter something that makes you uncomfortable.*

## Stress

### **Normal or over the top?**

Stress can sometimes be surprisingly difficult to detect. Learning to recognise early signs and find strategies can be a useful tool not only during your studies, but for life.

### **What to do**

We have a comprehensive guide on stress and how to detect, prevent and manage it. Download it on:

**[chalmersstudentkar.se/documents](https://chalmersstudentkar.se/documents).**

## Harassments

### **Zero tolerance**

Harassments, general or sexist, is never acceptable in any environment on campus.

### **What to do**

If you witness or is subject to harassment, you do not have to accept this.

Depending on the setting and situation, there are different ways to go.

- contact someone in charge
- report at Safe at Chalmers:  
**[chalmers.se/trygg](https://chalmers.se/trygg)**



**Worried about a friend or yourself?**  
*Find all types of support contacts*



## Drugs

### Zero tolerance

On campus, there is a total ban and zero tolerance against drugs, according to Swedish law.

### What to do

If you still come across use, sales or findings of drugs, contact police **112** (emergency or 114 14 non emergency).

If you don't know what to do or don't want to contact police, you can also reach out to Chalmers security and they'll assist in the next step: **031-772 44 99**.



## Alcohol peer pressure

### Zero tolerance

Our great community is built on trust and friendship, not peer pressure.

We do not accept peer pressure on alcohol. Alcohol or no alcohol is always your choice and yours alone. Choosing non-alcoholic options should always pass without remarks.

### What to do

If someone in a position of power is pressuring others to drink, you can always report this.

If a peer pressure situation made you feel uncomfortable, violated, discriminated or mistreated in any way, report this to: [chalmers.se/trygg](https://chalmers.se/trygg).





# SPORTS *at* CHA



# S CHALMERS

## *Ideas to get started:*

- Join a club through CIS: [laget.se/cis-chalmers](http://laget.se/cis-chalmers)
- Join a club through the union: [chalmersstudentkar.se/sportsatchalmers](http://chalmersstudentkar.se/sportsatchalmers)
- Join activity at your division
- Get an affordable gym card at Fysiken: [fysiken.nu](http://fysiken.nu)





# Start, maintain or grow

*Sports unite us. Our unique organisation allows for any sport to cover new grounds.*

All sports at Chalmers is purely student fuelled. We are equals and sports allow us to unite over a common passion, interest or talent. There's something for all sports enthusiasts – **from beginner to academic elite.**



## Find your thing

Getting started can be overwhelming for sure. Our guide can hopefully take you in the right direction and help you find what's right for you.

FIND YOUR SPORT



**Find all team and individual sports here:**

[chalmersstudentkar.se/sportsatchalmers](http://chalmersstudentkar.se/sportsatchalmers)

### Individual sports

- Racket sports
- Golf
- Rowing
- Orienteering
- Scuba diving
- Swimming
- Karate
- Yoga (Fysiken)
- Crossfit (Fysiken)
- and more...

### Team sports

- Handball
- Football
- Floorball
- Ice hockey
- Volleyball
- and more...

### Climbing

Fysiken  
Klätterlabbet  
visit: [Fysiken.nu](http://Fysiken.nu)

### Tournaments

- Academic Games ([akademiskaspelen.se](http://akademiskaspelen.se))
- Chalmers championships, CM (typically held by student divisions)
- Student SM (organised by SAIF)

### Gym

2 gym facilities through Fysiken  
visit: [Fysiken.nu](http://Fysiken.nu)



# Sweden's best gym

*Our own sports and gym facility Fysiken gives you unmatched access to Sweden's best range of sports activities.*

## 1

### **Group training**

Yoga, indoor cycling, HYROX, breathwork, dance or body pump – whatever you're into, we probably have it.



## 2

### **Three locations**

Find us at Gibraltargatan, the city center (Kaserntorget) or Klätterlabbet (Chalmers).



## 3

### **Unique benefits**

No other gym offers as much as Fysiken. Gym, indoor climbing and 25+ group classes or sport concepts.







### What Fysiken offers

- Gym at two locations
- Hot yoga & courses
- Massage & physiotherapy
- HYROX & CrossFit
- Indoor climbing and certifications
- Personal trainers

...and much more.

# 4

## Profit reinvested

Since Fysiken is owned by students, the profit is reinvested and used to improve your training experience.

### DID YOU KNOW?

Fysiken was founded in 1983 and has since been the hot spot for students in Gothenburg.

# 5

## Feel better together

Train with friends and reduce study stress to feel better, stay healthy, and thrive at Chalmers.

GET ACCESS NOW



[fysiken.nu](https://fysiken.nu)





**Almost all cafés,  
restaurants and  
pubs are run by the  
union**

# Own it!

*Our student union owned restaurants, pub, cafés and conference centres provide affordable, student friendly services on campus. The surplus is reinvested into the organisation.*



## Why campus is free from commercial vendors

Commercial businesses should not profit from us students and overcharge us to their benefit. That's why you rarely see any commercial vendors on campus.

Because we are not commercially driven, we can focus on providing what we do best: Affordable, student friendly services that only we profit from. All these things are managed by a corporation appointed by the council.

*Since we own everything, you can use your student card like a local debit card and enjoy your discounts.*

## Gain experience

Now you've learned that we basically rule everything. This gives you the chance to influence and gain experience to put on your resume.

Where else can you be a CEO for a year, doing sales and marketing, being a consultant or working with human resources while studying?



Contact us:

✉ [info@foretagsgruppen.com](mailto:info@foretagsgruppen.com)



## What the student union own and run:

- › Housing and hostel
- › Conference center
- › Gym
- › Cafés, restaurants and pubs
- › The student union building
- › Hårryda recreation area
- › Gasquen, night club





**fysiken**  
PASSION FÖR TRÄNING

### **Sweden's best student gym – just for you**

Our co-owned gym and health facility Fysiken gives students easy and cheap access to not only gym, but also ball and team sports, climbing and group training such as hot yoga, Hyrox and cross-fit. No other gym can offer that variety and range of sports to a student friendly price.

Get moving today:

🌐 [fysiken.nu](https://fysiken.nu)

📷 [@fysikengbg](https://www.instagram.com/fysikengbg)

**CHALMERS  
KONFERENS  
RESTAURANGER**

### **Student friendly catering and Gothenburg's cheapest lunches**

Kårrestaurangen is run by our own restaurant company Chalmers konferens och restauranger. This ensures a good quality lunch that matches our students' wallets.

They also run J.A. Pripps and all other shops around campus as well as offering student catering to your events. As a student, you can also be on the board and ensure even more student influence.

🌐 [chalmerskonferens.se](https://chalmerskonferens.se)





*Every year, Chalmers Studentkår Promotion hosts Chalmersloppet.*



CHALMERS  
STUDENTKÅR  
PROMOTION



CHALMERS  
TEKNOLOG  
KONSULTER



CHALMERS  
STUDENTKÅR  
REKRUTTERING

## Get a head start to your career

Employers branding, consultancy and HR services are the main areas that help Chalmers students sharpen their resume and get a head start to their career.

Chalmers teknologbolag is keeping these services together to offer students experience, networking and contacts for the future. Run by students, for students.

 [chalmers teknologbolag.se](https://twitter.com/chalmers teknologbolag)





*The Great Cabin in Härryda is open for all members to book.*



**Chalmers**  
STUDENTBOSTÄDER

## Double points for Chalmers students in our home queue

Chalmers Studentbostäder has some 2000+ homes for students. Our job is to ensure homes near campus along with relevant services such as a carpooling, hobby rooms and tool rental. Chalmers students get double points in our queue.

Chalmers Studentbostäder answers to the student union council. Students are represented on the board.

 [chalmersstudentbostader.se](http://chalmersstudentbostader.se)

 [chalmersstudentbostader](https://www.instagram.com/chalmersstudentbostader)



**HOLTERMAN**  
HOSTEL

## Short-stay and student hostel

We work hard to ensure more and more homes for us students. Not everyone is looking for a long-term home, and that's why Holterman offers flexible solutions for students and researchers who want and need a shorter stay, right on campus.

 [www.holterman.se](http://www.holterman.se)

 [holterman\\_hostel](https://www.instagram.com/holterman_hostel)







CHALMERS  
STUDENTKÅR  
Emils Kårhus AB

## Taking care of Sweden's largest student union building

Our student union building is a big and complicated story. In order to maintain, run and develop it, we have a company called Emils Kårhus AB. It consists of a board that always has student representatives present, so if you love our house, why not take a seat at the table?

✉ [info@chalmersstudentbostader.se](mailto:info@chalmersstudentbostader.se)

## Be a board member

To ensure student focus, each board has a majority of student members. Being a board member does not only give you influence but also valuable experience. More on **p. 56**



CHALMERS  
STUDENTKÅR  
Emilias Kårhus AB

## Maintaining and improving HARRYDA recreation area

Similar to our union building, our recreational area in HARRYDA also needs care and attention to be kept well. Emilias Kårhus AB also consists of a board, with student representatives at the table.

✉ [info@chalmersstudentbostader.se](mailto:info@chalmersstudentbostader.se)

## Who decides in the end?

It is the student union council who determine what the corporations should focus on. More on **p. 10**



# Student divisions

*Teknologsektioner*



*Your assigned division is found in the union app, the membership portal and on your union invoice.*



## **The *home* to our members**

*Our members first and nearest home are the student divisions.*

All students at Chalmers are a member of both a student division and the student union. The divisions are independent and associated with a specific study program but a part of the union. That's why part of your union fee is allocated to your division so your division can influence and organise locally.







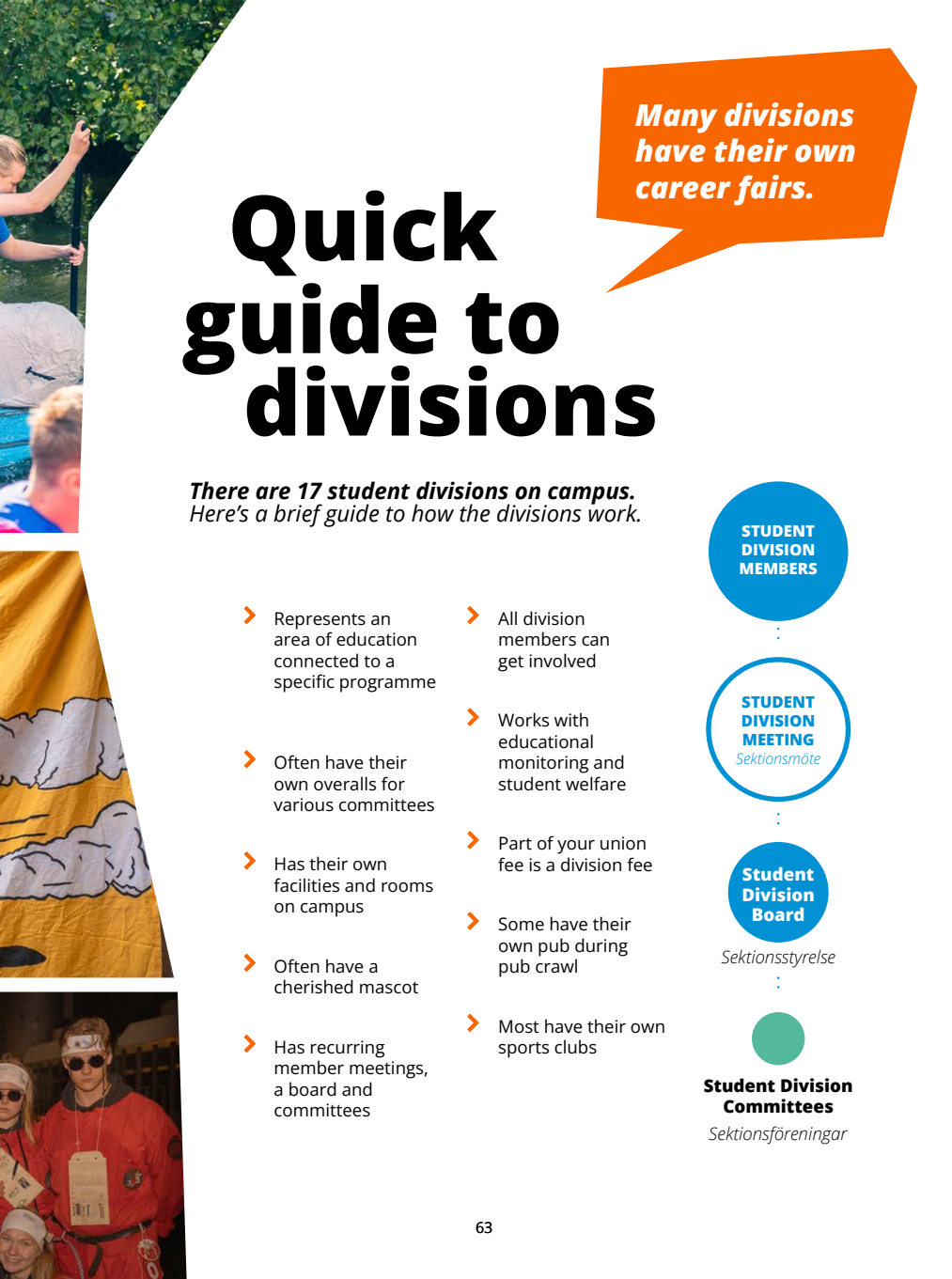
***Most divisions  
have their own  
pub.***



***The oldest division  
is M. The youngest  
is GS.***







**Many divisions  
have their own  
career fairs.**

# Quick guide to divisions

***There are 17 student divisions on campus.  
Here's a brief guide to how the divisions work.***

- Represents an area of education connected to a specific programme
- All division members can get involved
- Often have their own overalls for various committees
- Works with educational monitoring and student welfare
- Has their own facilities and rooms on campus
- Part of your union fee is a division fee
- Often have a cherished mascot
- Some have their own pub during pub crawl
- Has recurring member meetings, a board and committees
- Most have their own sports clubs

**STUDENT  
DIVISION  
MEMBERS**

:

**STUDENT  
DIVISION  
MEETING**

*Sektionsmöte*

:

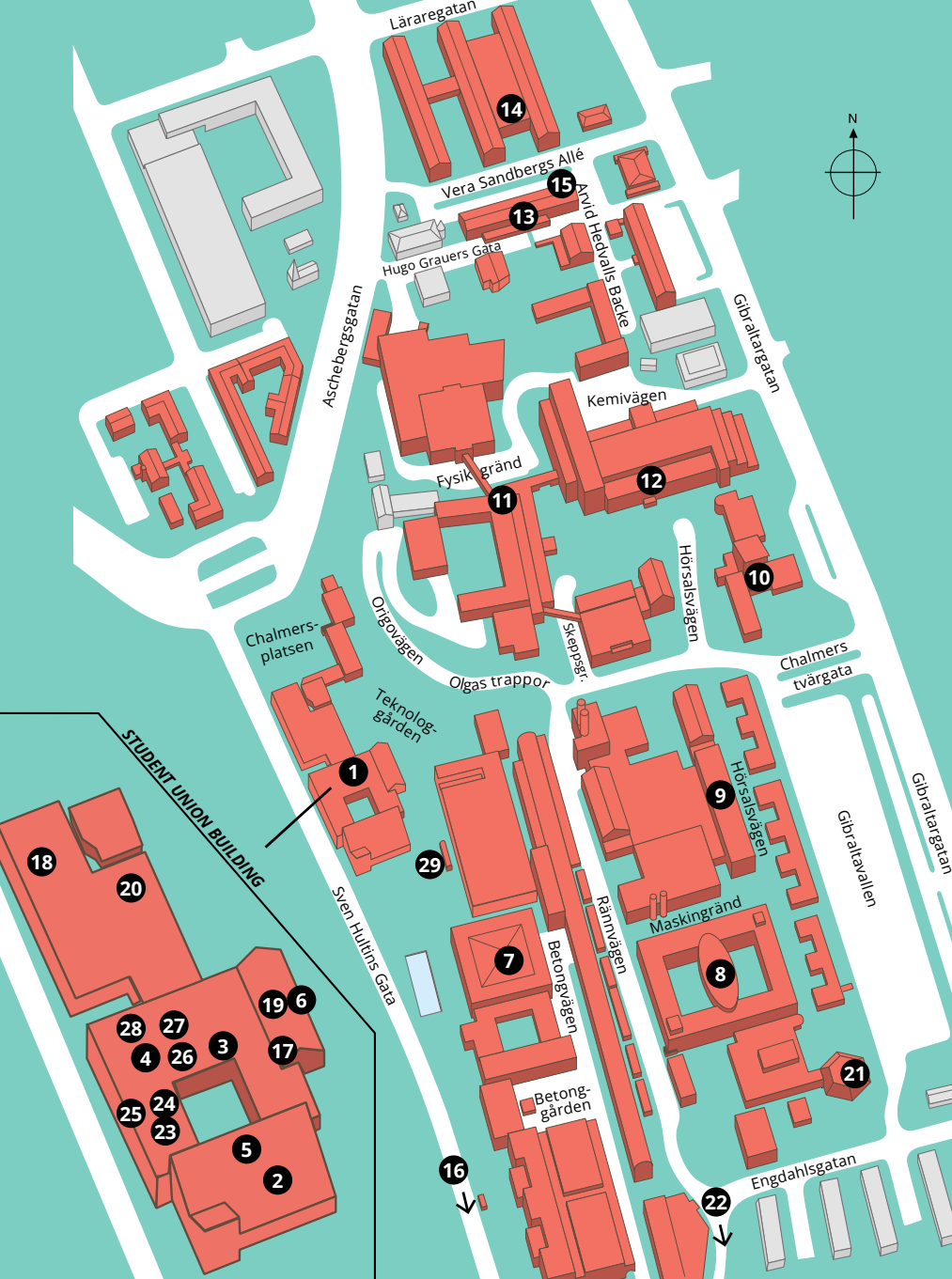
**Student  
Division  
Board**

*Sektionsstyrelse*

:

**Student Division  
Committees**

*Sektionsföreningar*



STUDENT UNION BUILDING

Läraregatan

Vera Sandbergs Alle

Åvid Hedqvists Backe

Hugo Grauers Gata

Aschebergsgatan

Gibraltargatan

Kemivägen

Fysikgränd

Hörsalsvägen

Chalmers tvärgata

Chalmers-platsen

Orlogsvägen

Olgas trappor

Teknologgården

Sven Hultins Gata

Betongvägen

Betonggården

Rännvägen

Maskingränd

Hörsalsvägen

Gibraltargatan

Gibraltargatan

Engdahlsgratan

# JOHANNEBERG

## **BARS, RESTAURANTS & CAFÉS**

1. Student union building
2. Kårrestaurangen
3. J.A. Pripps
4. J.A. Ölhall
5. Hyllan
6. Gasquen
7. S.M.A.K
8. Café Linsen
9. Café Bulten
10. Olgas café
11. Café Bra Nyfiket
12. Hedvalls
13. Wijkanders
14. Café Vera
15. Kalle Glader
16. Hultins hörna

## **SERVICES**

17. Information desk (kårservice)
18. Chalmers service center
19. Student union hallway (Kårkorridoren)
20. STORE
21. Fysiken Klätterlabbet
22. Fysiken Gibraltargatan

## **FACILITIES**

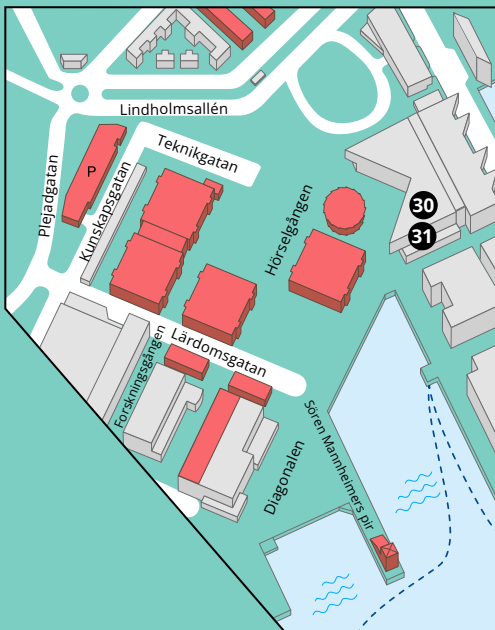
23. Pool
24. Sauna
25. Gym hall
26. Group rooms
27. Music room
28. Karaoke room
29. Train car

# LINDHOLMEN

## **CAFÉ, RESTAURANT**

30. Café C
31. Akva


## **LINDHOLMEN**



## **LOST ON CAMPUS?**

Download Campus Maps





***How can I get  
involved in all  
the fun?***

***How do I get the  
most of my time  
at Chalmers?***

This is your guide to the student life at Chalmers. Hopefully you'll have a clearer view on what the Student Union does for you after reading it and how you and your friends can create and connect during your time at Chalmers.

***What are my  
membership  
benefits?***